

**Available from R.N.I.B**

**In Braille (Leaflets)**

Al-anon is for men-grade 2  
So you love an Alcoholic-grade 2  
The Twelve Steps and Traditions-grade 2  
Understanding ourselves and Alcoholism-grade 2  
Freedom from Despair-grade 2

**In Braille (Books)**

Courage to Change: one day at a time in al-anon 11-grade 2  
The Dilemma of the Alcoholic Marriage-grade 2

**Digital Audio (Daisy)**

From Survival to Recovery: growing up in an Alcoholic home  
In All our Affairs: making crisis work for you

**ALL THESE ITEMS ARE ONLY AVAILABLE TO THE  
REGISTERED BLIND**